

The School Health Program is a multidisciplinary program developed for schools in Chitwan and Baglung.

The Medora School Health Program exists of the following programs carried out by local Ngo's DIRDC or MIYO

## **PREVENTION PROGRAMS:**

### ✓ **Safe At School program (SAS) (SAS Basic and SAS Plus)**

- The safe at School program aims at a healthy environment at school
- Carried out before BAS

### ✓ **Brush At School program (BAS)**

- Brush at school is an Oral and Medical Prevention program
- The "**Brush at School**" is our most important slogan for dental help in Nepal
- Brush at school is a school-based, health intervention program based on the "Fit For School" program developed in the Philippines. See: [www.fitforschool.international](http://www.fitforschool.international)
- Brush at school program is focused on information about healthy food, oral- and general hygiene. And providing toothbrushes, toothpaste and soap.

### ✓ **Girls At School (GAS) or (Girlz 100%) in progress.**

- Information about this biological phenomenon to children from 12 years
- Providing hygiene products and necessary circumstances

## **ORAL HEALTH PROGRAM**

### ✓ **Oral Health Program (OHP)**

- Oral screening and treatment program at schools by dentist, oral hygienist.
- Team of the DIRDC or MIYO carry out this program.
  - 1-Dental screening at the schools.
    - Check of general health, teeth, parodontium and pain
  - 2-Oral treatment of dental caries and scaling teeth.
    - Complex treatments by dentist, simple treatments by oral hygienist.
    - Prevention and personal instruction concerning oral hygiene
    - Collective information.

## **MEDICAL CARE PROGRAMS**

- ✓ **ENT Health Program, carried out by Baccha ra Kaan**
  - ✓ **EYE Health Program, carried out by Eye Hospital**
- .....

**These programs should be carried out in the order as:**

### **A-Prevention Programs**

**1e: Safe At School**

**2e: Brush At School**

**3e: Girls At School. (Carried out by stichting Nepal)**

### **B-Screening Programs.**

These programs can be carried out when the preparatory programs have been implemented and can be combined and carried out by a team:

1e Oral Screening

2e ENT screening

3e EYE screening

### **C- Following treatment Programs:**

These screening programs are a preparation for follow up by specific doctors if needed.

1e Dental treatment, Complex dental treatment, Simple dental treatment

2e ENT treatment, medicine prescription, hearing aids, surgery.

3e EYE treatment, medicine prescription, glasses, surgery

See for details other documents with detailed information about procedure of the programs. These procedures can be adjusted to the local circumstances and local habits. It is important that the local team of the DIRDC and MIYO find an optimal way to implement as much as possible of these programs.

There is a guideline for the manager to approach this programs in a practical way, and take in account the available manpower and finance.