



**MEDORA**Nepal  
health foundation

# BRUSH AT SCHOOL

Our most important slogan for Dental Help in Nepal

is a school-based, health intervention program based on the “Fit For School” program developed in the Philippines.

**Motivation and Information;** A program to inform and to motivate the parents and school teachers about the importance of healthy food and hygiene. This program will be carried out before other programs are carried out.

**Goal:** Making a start with the awareness of healthy food and general and oral hygiene, also to learn to practice this by washing hands and brushing teeth.

**Implementation:** By the local team of CHC or team from Belgium or Holland.

- Motivation and information of the parents and the teachers.
- Information for students about:
  - Food, Health and Diseases
  - Oral hygiene and General and personal hygiene
- practical information for students about
  - Tooth brushing
  - Hand washing, brushing and cutting nails
- cleaning toilets instructions to the cleaner
- Instructions how to follow up this program daily.

**Target group:** Students of government schools are the most important targets. Pupils up to class 8 participate in the total program.

**Agreement:** The team of the CHC will regularly evaluate the agreement with the headmaster about fulfilling their tasks concerning the BAS program.

**Follow-up:** By the team of the CHC