



**MEDORA**Nepal  
health foundation

# ORAL HEALTH PROGRAM

OHP is a part of the School Health Program

## Oral examination and treatment program.

This program exists of oral examination and treatment at schools and at the CHC carried out by dentist, oral hygienist and prevention assistants from the Netherlands, Belgium and the local team of the CHC.

- 1-Oral examination at the schools or the CHC
  - Check of General Health, Teeth, Parodontium and pain
- 2-Oral treatment if necessary at CHC
  - Calculus scaling and cleaning, Extracting, Slicing and Filling teeth
- 3-Prevention
  - Personal instruction about oral hygiene
  - General information.

## Details of the Oral health program

The following steps have to be followed:

### Inform the people concerned:

- Inform the teachers of the schools and parents of the children about program. Parents shall be called if their child has to be treated for extraction and invited to come to the centre.
- Important is that the schools provide a list with student names and birth date. This should be prepared long before the dental camp.

### Choose where the different parts of the program will be done best

- Oral examination and calculus removing can be done at school or at CHC
- Other treatment like restorations and extraction should always be carried out on the CHC

### Preparing

- Gathering the necessary materials and equipment to take to the school if needed.
- Inviting volunteers to help with the program.
- Prepare the rooms at CHC and divide tasks for the Oral health Program



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## At the end after total program

Evaluation with involved team members of Medora, head master of the school, involved staff members of CHC Inform the Medora foundation about this evaluation and experiences so they can be used to improve procedures for future.



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