



**MEDORA**Nepal  
health foundation

# SCHOOL HEALTH PROGRAM

A multidisciplinary program for schools in the surrounding of Chitwan

## Brush At School program

- Brush at school is an Oral and Medical Prevention program
- The “Brush at School” is our most important slogan for dental help in Nepal
- Brush at school is a school-based, health intervention program based on the “Fit For School” program developed in the Philippines.
- Brush at school program is focused on information about healthy food, oral- and general hygiene.

## Safe At School program

The safe at School program aims at a healthy environment at school

## Oral Health Program

- Oral examination and treatment program at schools and the CHC by dentist, oral hygienist and prevention assistants.
- Teams from the Netherlands and Belgium together with the local team of the CHC carry out this program
  - 1 - Oral examination at the schools or at the CHC
  - 2 - Check of general health, teeth, parodontium and pain
  - 3 - Oral treatment of dental caries and scaling teeth.
  - 4 - Prevention and personal instruction concerning oral hygiene
  - 5 - Collective information